



<https://ca2deficiency.duckdns.org/> · Educational organizing tool — not a diagnosis or treatment plan

Psychological and Behavioral Form

Not a diagnostic tool. Gives a professional an organized picture.

Experience with medical procedures

- ☐ Needle fear ☐ Hospital fear ☐ Anticipatory anxiety ☐ Returns to baseline quickly ☐ Adaptation over time
- ☐ Previous physical restraint during procedures

What helps?

- ☐ Parent presence ☐ Emotional support ☐ Encouragement ☐ Distraction ☐ Hugs/comfort ☐ Familiar person
- ☐ Other

Social / independence

Scale: independent · needs encouragement · needs familiar person · refuses · varies by day

Domain	Note
New places	
New people	
Separation from parents	
Sleeping independently	
Needing sibling/familiar person before activity	
Fear of unknown	
Dressing independence	

Following instructions

- ☐ Understands instruction ☐ Executes directly ☐ Needs encouragement ☐ Expects reward
- ☐ Refuses despite understanding ☐ Varies by day

Has a reward become part of the routine?

- ☐ Mainly medical tasks ☐ Extended to daily tasks ☐ Parent fatigue

Emotional notes

- ☐ Social fear ☐ Excessive attachment ☐ Unexplained irritability ☐ Worry/preoccupation ☐ Emotional sensitivity
- ☐ Rapid upset ☐ Variable performance ☐ Fear after fractures ☐ Fear of movement

Do not label a cause. Possible contributors may include medical experience, repeated procedures, environment, developmental factors, family dynamics, or other causes requiring professional assessment.

Educational and organizational only. Does not diagnose, set doses, or replace a clinician. What you notice at home is not the same as what is in the medical record, and not the same as what the doctor decides.