



<https://ca2deficiency.duckdns.org/> · Educational organizing tool — not a diagnosis or treatment plan

Family Balance

Non-judgmental self-reflection. For discussion with a professional if the family wishes.

Pattern	Rarely	Sometimes	Often	Note
Overprotection				
Excessive permissiveness because of illness				
Under-attention				
Fear of allowing independence				
Reliance on rewards				
Parental exhaustion				
Family stress				
Sibling impact				

What we would like to discuss with a professional

Educational and organizational only. Does not diagnose, set doses, or replace a clinician. What you notice at home is not the same as what is in the medical record, and not the same as what the doctor decides.