



<https://ca2deficiency.duckdns.org/> · Educational organizing tool — not a diagnosis or treatment plan

Bone and Movement Safety

Goal: balance protection and independence. Not a general ban list.

Allowed

Allowed with supervision/caution

Avoid if physician advises

Examples that may need extra caution if the physician advises:

☐ Jumping ☐ Uncontrolled running ☐ Pushing/fighting ☐ Collision activities ☐ Falls

The aim is not to isolate the child or stop movement entirely, but safe participation according to the physician's plan.

What the family has noticed: a child may be careful in ordinary settings and lose caution during excitement and group play.

Family notes / clinician guidance

Educational and organizational only. Does not diagnose, set doses, or replace a clinician. What you notice at home is not the same as what is in the medical record, and not the same as what the doctor decides.